

“Powerlessness and silence go together”

Lucinda Lloyd's theatre company 'a little bird whispered' take their first flight together from 29 January in 'Episodic' at The Courtyard Theatre, Shoreditch.

Lucinda is joined by an eclectic company of artists who have previously worked with Matthew Bourne, Complicité and the BBC Symphony Orchestra among others.

The performance weaves together a tapestry of episodes exploring the vulnerability and brutality of life in an attempt to find a balance. Finding freedom of expression through multiple disciplines including movement, art and poetry, the artists devise a theatrical event which also enables the audience to find their own voice and express their response to the work. Audience members are invited to enter a creative space within the theatre where their contributions will create an installation which will be woven into the performance.

Lucinda, an ALRA graduate and member of the new writers programme at the Arcola Theatre, founded the company in 2012 in order to collaborate with a diverse range of performers and artists, "All of the creative team have been carefully selected to fit with the ethos of a little bird whispered. They are all talented, bold and unafraid to throw away rule books so that the work is fresh, instinctual and innovative without adhering to old, worn out patterns. We seek fresh, exciting, colourful ways to engage an audience. We are all pushing boundaries, taking risks to produce experimental, avant garde work of the highest quality."

The show runs from 29 January to 3 February 2013 at The Courtyard Theatre, Shoreditch. For more information please visit http://www.alittlebirdwhispered.com/?page_id=9

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Notes to editors:

A little bird whispered was founded by Lucinda Lloyd in 2012. Lucinda seeks to stir the imagination and awaken the senses through theatre, art, film, poetry and movement. Her goal is to create bold, dynamic and thought provoking work turning personal narratives into shared dialogues collaborating with a diverse range of performers and artists.

Previous work shown: The Arcola, BAC, The Courtyard, The Rosemary Branch, Red Gate Gallery, Jaw Dance.

Lucinda graduated from ALRA in 2004 after receiving a scholarship award for the 3 year Diploma in Acting. She won 'Best Supporting Actress' (168 Film Festival) for her role in the film 'Home' and has performed in various theatres including The Globe and The Royal Court. Lucinda has since received The Royal Female School Of Art Award enabling her to complete a Diploma in Art & Design and a Poetry Writing Grant Award from The Arvon Foundation aswell as being part of the New Writers Programme at the Arcola Theatre.

Further information can be found at: www.alittlebirdwhispered.com